## Inequalities in health and wellbeing: working together for change

## **Good Practice Guide 2**

## References

## **Obesity**

- 1 Northern Ireland Statistics and Research Agency. Health and social wellbeing survey. Belfast: NISRA, 2005.
- 2 Department of Health, Social Services and Public Safety. Northern Ireland Child Health System.
- 3 Maio GR, Haddock G, Jermen HL. Social psychological factors in tackling obesity. Foresight – Tackling obesities: Future choices – Short Science Review. Obesity Reviews: 2007; 8(s1):123-125.
- 4 Kopelman P. Health risk association with overweight and obesity. Foresight – Tackling obesities: Future choices – Short Science Review. Obesity Reviews: 2007; 8(s1):13-19.
- 5 Tackling obesities: Future choices. Foresight Government Office for Science, 2007.
- 6 House of Commons Health Committee. Obesity: third report of session 2003–04. Volume one. London: The Stationery Office, 2004. Available at: http://www.publications.parliament. uk/pa/cm200304/cmselect/cmhealth/23/23.pdf Accessed 8 December, 2010.
- 7 McPherson K, Marsh T, Brown M. Modelling Future Trends in Obesity and the Impact on Health. Foresight – Tackling Obesities: Future Choices – Government Office for Science, 2007.
- 8 McCormack B, Stone I. Economic costs of obesity and the case for government intervention. Foresight Tackling obesities: Future choices Short Science Review. Obesity Reviews: 2007; 8(s1):161–164
- 9 Department of Health and Social Services. Breastfeeding strategy for Northern Ireland. Belfast: DHSS, 1999.
- 10 Department of Health, Social Services and Public Safety. Investing for Health. Belfast: DHSSPS, 2002. Available at: www.dhsspsni.gov.uk/show\_publications?txtid=10415 Accessed 8 December, 2010.
- 11 Department of Health, Social Services and Public Safety. Fit futures. Focus on food, activity and young people. Belfast: DHSSPS, 2005. Available at: www.dhsspsni.gov.uk/ifhfitfutures.pdf Accessed 8 December, 2010.
- 12 Play and policy statement for Northern Ireland. Belfast: Office of the First Minister and Deputy First Minister, 2008. Available at: www.ofmdfmni.gov.uk/play\_and\_leisure\_policy\_ statement\_-\_final\_version-2.doc Accessed 8 December, 2010.
- 13 National Institute for Health and Clinical Excellence. Obesity – guidance on the prevention, identification, assessment and management of overweight and obesity in adults and children. NICE, 2006. Available at: www.nice.org.uk/CG43 Accessed 8 December, 2010.
- 14 Intervention for preventing obesity in children. Cochrane database of systematic reviews 2005. Available at: http://onlinelibrary.wiley.com/o/cochrane/clsysrev/articles/ CD001871/pdf\_fs.html Accessed 8 December, 2010.

- 15 Kettell Khan LK, Sobush K, Kenner D et al: Recommended community strategies and measurements to prevent obesity in the United States. CDC, MMWR, July 24, 2009/58(RR07), 1-26.
- 16 Singhal A, Lenigen J. Breastfeeding, early growth and later obesity. Foresight – Tackling obesities: Future choices – Short Science Review. Obesity Reviews: 2007; 8(s1):51-54.
- 17 Owen CG, Martin RM, Whincup PH, Smith GD, Cook DG. Effect of infant feeding on the risk of obesity across the life course! A quantitative review of published evidence. Paediatrics May 2005. 115(5):1367–77.
- 18 Healthy Eating Healthy Action. Available at: www.moh.govt.nz/healthyeatinghealthyaction
- 19 Ensemble, prévenons l'obésité des enfants. Available at: www.epode.fr
- 20 National Institute for Health and Clinical Excellence. Guidance on the promotion and creation of physical environments that support increased levels of physical activity. NICE, 2008. Available at: www.nice.org.uk/PH008 Accessed 8 December, 2010.
- 21 Belfast Healthy Cities healthy urban planning. Available at: www.belfasthealthycities.com/healthy-urban-planning.html
- 22 Food in schools policy: draft for consultation, September 2009. Available at: www.deni.gov.uk/food\_in\_schools\_ policy\_-\_consultation\_-\_draft\_policy\_-\_english\_pdf.pdf Accessed 8 December, 2010.
- 23 The UK Code of Broadcast Advertising (BCAP Code) September 2010. Available at: www.cap.org.uk/The-Codes/ BCAP-Code.aspx?q=Test\_Scheduling%20Rules#c4 Accessed 17 November, 2010.