

# Supporting breastfeeding

Grandparents can make a real difference by supporting a daughter or son's partner in their decision to breastfeed.



For information on how you can be a supportive grandparent see the leaflet *A grandparent's guide to supporting breastfeeding* (available from midwives or health visitors) or visit [www.breastfedbabies.org](http://www.breastfedbabies.org)