

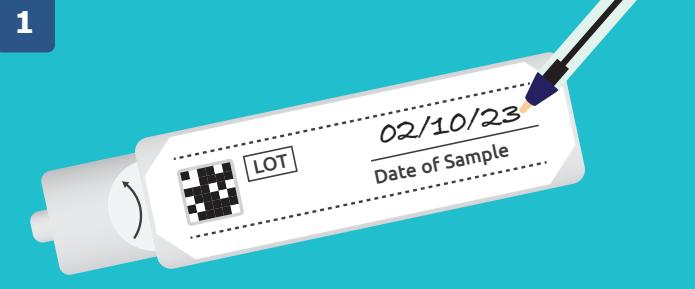
# Instrusaun test-kit restreiu tee-oan. Ita sei presiza mak...

buat ruma atu foti Ita-nia tee,  
porezemplu fatin ruma ne'ebé  
tuan ona maibé moos



## Importante tebes

Verifika katak Ita-nia detalla sira ne'ebé hakerek iha test-kit ne'e loos hotu. Hakerek data ne'ebé Ita foti Ita-nia amostra ne'e iha test-kit se lae ami labele halo teste ba ida ne'e.

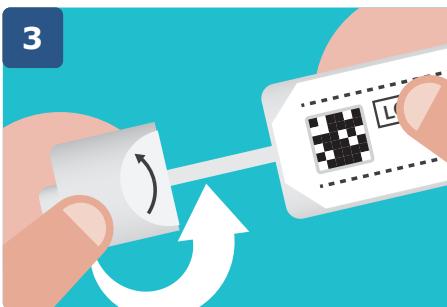


2



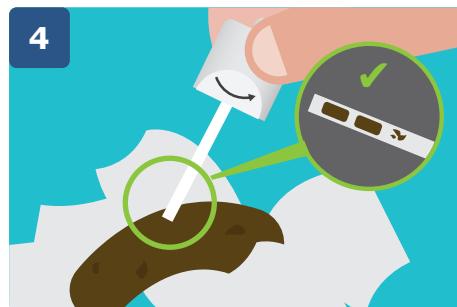
Tau fatin ruma ka papel ijiéniku ba iha toalete laran atu foti Ita-nia tee. Labelehusik tee ne'e kona iha toalete nia sorin ka kona bee.

3



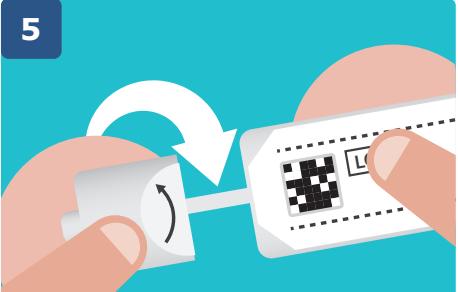
Loke tubu ne'e nia matan atu foti kesak-oan iha laran.

4



hatama ai-kesak ne'e nia hun ba iha Ita-nia tee. Ense de'it to'o iha risku ki'ik oan rua iha nia rohan – labele ense nakonu liu.

5



Hatama filafali ai-kesak ne'e ba iha tubu. Taka tubu ne'e hodi taka metin nia matan.

6



Se Ita uza fatin entaun tau ida ne'e iha plastiku ida no seo iha fatin lixu iha liur. Hanoin atu fase Ita-nia liman.

7



Wainhira hotu ona, hatama test-kit ne'e ba iha envelope akolsoadu, depois taka envelope ne'e no manda sedu liu di'ak liu.

## Liña apoiu gratuita: 0800 015 2514

(Relay UK 18001 0800 015 2514 ba sira ne'ebé diuk ka labele ko'alía)

Favór kontaktu liña apoiu se Ita iha perguntas ruma ka se Ita presiza test-kit foun ka envelope. Favór labele kontaktu Ita-nia GP atu husu test-kit foun ka atu manda Ita nia teste restreiu tanba sira labele fornese ka simu teste sira ne'e.

Atu hetan folleta ne'e iha lian ka formatu seluk favor vizita [pha.site/bowel-screening-test-kit-instructions](http://pha.site/bowel-screening-test-kit-instructions)

Adapta ho autorizasaun husi Restreiu Tee-oan rai Gales/Saúde Públíku rai-Gales, ne'ebé dezenvolve nia versaun orijinal.

Tetum



**HSC** Public Health Agency

Public Health Agency  
12-22 Linenhall Street, Belfast BT2 8BS.  
Tel: 0300 555 0114 (presu lokal).  
[www.publichealth.hscni.net](http://www.publichealth.hscni.net)

Hetan ami iha:

