



A new service for people who have had someone close to them end their life by suicide



Questionnaire
Tell us what you think

About the service



Suicide is when someone ends their own life.



It is really hard and upsetting for people who knew the person who died.



People might need a lot of help and support to cope with their feelings.



We want to set up a new service for people after a death by suicide.



The service will give people support and information.



People feel lots of different feelings after a death by suicide. Their feelings might change over time.



The new service will give people the right support they need when they need it.



We are asking lots of people what they think about the new service.



We will look at what everyone tells us. It will help us decide how to grow the service in the best way.



In these questions, when we say **people**, we mean people who have been affected by suicide.

Tell us what you think

This questionnaire is in 2 parts:



- Part 1 is about services for people aged 18 and older after a suicide



- Part 2 is about services for children and young people after a suicide



There are a lot of questions in this questionnaire. You might want to fill it in a bit at a time.

| Questions | |
|-------------------------------------|-------|
| <input checked="" type="checkbox"/> | Q1 == |
| <input type="checkbox"/> | Q2 == |
| <input checked="" type="checkbox"/> | Q3 == |

You do not have to answer all of the questions if you don't want to.



You need to send your answers back by **9th April 2023**.



If you have any questions, you can email:

engage.PL2@hscni.net

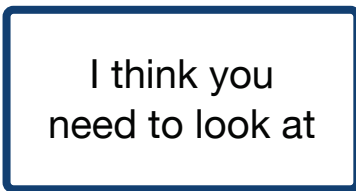


When you have filled in the form, you can post it back to us at:

Protect Life 2 - Engagement
Public Health Agency
Gransha Park House
15 Gransha Park
Clooney Road
Derry/Londonderry
BT47 6FN



You can fill in this form in on the computer.



Click on the box and write your answer.



When you have finished, save the form.



Then email the form back to us at:
engage.PL2@hscni.net

Questions about you



Please tell us your name and email address if you have one:

Tell us why you are answering our questions. This might be because you:



— know someone who has ended their life

— are using the services already



— are someone who is interested in the services

Please tell us here:

Part 1: Questions about services for people aged 18 and older after a suicide

Support and information

People affected by suicide should get support and information about things like:



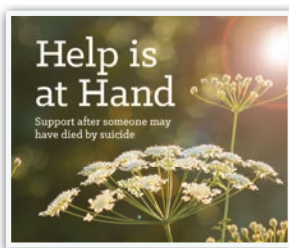
- how to cope with their feelings



- how to let other people know when someone has died



- making important decisions about the future



The **Help is at Hand** booklet is the main way of giving this information to people.



Question 1. Do you think that people should get the Help is at Hand booklet after a death by suicide?



Yes



No

I don't know



If you ticked **yes**, what is the best way for us to share the booklet with people? This could be a paper booklet, online or another way:



There are some times when it is even harder for people after a death by suicide.



Times like birthdays or holidays.



Question 2. Do you think people should get more support at these times?



Yes



No



I don't know



Question 3. Who do you think is the best organisation to give support at hard times and why?



Self help

Self help is things that people can do to help and support themselves.



Question 4. What do you think are the best ways for people to get information about self help?



Peer support groups

A **peer support group** is a group for people who have had a similar experience.



People can meet together to share their experiences and support each other.



Question 5. Should the new service include peer support groups for people after a suicide?



Yes



No

I don't know



Question 6. Tell us who you think is the best organisation to run peer support groups and why:



People who have been affected by suicide have **lived experience**. They know what it is like to have someone close to them end their life.



Question 7. Should peer support groups be led by or partly led by someone with lived experience?



Yes



No

I don't know



If you ticked **yes**, please tell us what skills the person should have:



Question 8. How should people find out about peer support groups?



Question 9. Have you joined a peer support group before?



Yes



No



I don't know



If you ticked **yes**, please tell us what was good and not so good about the group:



Closed support groups

Closed support groups give people support and help them to understand suicide.



These groups run for a certain amount of time. Once the group has started meeting, nobody new can join in.



Question 10. Should the new service include closed support groups?



Yes



No



I don't know



Question 11. Tell us who you think is the best organisation to run closed support groups and why:



Question 12. Should closed support groups be led by or partly led by someone with lived experience?



Yes



No



I don't know



If you ticked **yes**, please tell us what skills the person should have:



Question 13. How should people find out about closed support groups?



Question 14. Have you joined a closed support group before?



Yes



No

I don't know



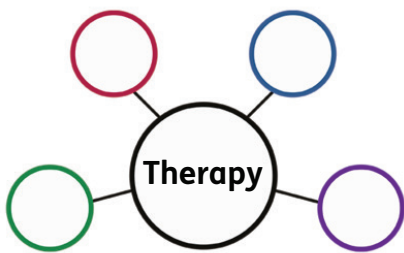
If you ticked **yes**, please tell us what was good and not so good about the group:



Therapy services

Therapy is a way to help you to understand your thoughts and feelings.

There are different types of therapy.



Question 15. Should the new service include different types of therapy services?



Yes



No



I don't know



Question 16. Tell us who you think is the best organisation to run therapy services and why:



Specialist support

A **specialist** is someone who knows a lot about something.



Specialist support is extra help and support for people to try to deal with what has happened.



Question 17. Should the new service include specialist support for people after a suicide?



Yes



No



I don't know



Question 18. Tell us who you think is the best organisation to give specialist support and why:



Question 19. Is there anything else you want to tell us about services for people aged 18 and older after a suicide? Tell us here:

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Part 2: Questions about services for children and young people after a suicide

Support and information

People affected by suicide should get support and information about things like:



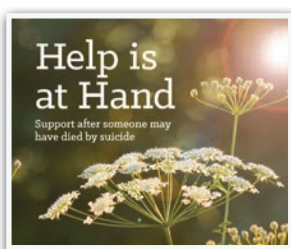
- how to cope with their feelings



- how to let other people know when someone has died



- making important decisions about the future



The **Help is at Hand** booklet is the main way of giving this information to people.



Thinking about people who support children and young people affected by suicide.

Question 20. Should they get the Help is at Hand booklet to help them?



Yes



No

I don't know



If you ticked **yes**, what is the best way for us to share the booklet with people? This could be a paper booklet, online or another way:



If you ticked **no**, please tell us what other information people should get:



Question 21. Should the new service have some written information for children and young people after a suicide?



Yes



No



I don't know



If you ticked **yes**, please tell us what the new information should include:



Question 22. What is the best way for us to share this information with children and young people?



There are some times when it is even harder for children and young people after a death by suicide.



Times like birthdays or holidays.



Question 23. Do you think children and young people should get more support at these times?



Yes



No



I don't know



Question 24. Who do you think is the best organisation to give support at hard times and why?

Self help



Self help is things that people can do to help and support themselves.

It can give people skills and information to cope after a suicide.



Self help information might help people who support children and young people after a suicide.



Question 25. Should the new service offer self help training to people who support children and young people after a suicide?



Yes



No



I don't know



Question 26. Tell us who you think is the best organisation to run self help training and why:



Peer support groups

A **Peer support group** is a group for people who have had a similar experience.



People can meet together to share their experiences and support each other.



These next questions ask you about peer support groups for people who support children and young people after a suicide.



Question 27. Should the new service include peer support groups?



Yes



No



I don't know



Question 28. Tell us who you think is the best organisation to run peer support groups and why?



People who have been affected by suicide have **lived experience**. They know what it is like to have someone close to them end their life.



Question 29. Should peer support groups be led by or partly led by someone with lived experience?



Yes



No



I don't know



If you ticked **yes**, please tell us what skills the person should have:



Question 30. What is the best way for people to find out about peer support groups?



These next questions ask you about peer support groups for children and young people affected by suicide.



Question 31. Should the new service include peer support groups for children and young people?



Yes



No



I don't know



Question 32. Tell us who you think is the best organisation to run peer support groups for children and young people and why:



Question 33. What is the best way to let people know about peer support groups for children and young people?

Closed support groups for children and young people after a suicide



Closed support groups give children and young people support and help them to understand suicide.



These groups run for a certain amount of time. Once the group has started meeting, nobody new can join in.



Question 34. Should the new service include closed support groups for children and young people after a suicide?



Yes



No



I don't know



Question 35. Tell us who you think is the best organisation to run closed support groups for children and young people and why:



Family support

Family support is help and support for everyone in the family after a suicide.



It includes support for a child if someone in their family or a carer has ended their life.



Question 36. Should the new service include family support?



Yes



No



I don't know



Question 37. Tell us who you think is the best organisation to run family support and why:



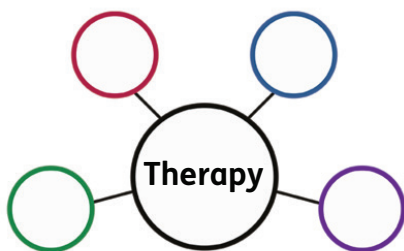
Question 38. What is the best way for families to find out more about support groups?

Therapy services for children and young people



Therapy is a way to help you to understand your thoughts and feelings.

There are different types of therapy.



Question 39. Should the new service include therapy services for children and young people?



Yes



No



I don't know



Question 40. Tell us who you think is the best organisation to run therapy services for children and young people and why:

Family therapy



Family therapy is therapy for a child or young person and their family.

It looks at the relationship between the child or young person and their family.



Question 41. Should the new service include family therapy for children and young people?



Yes



No



I don't

know



Question 42. Tell us who you think is the best organisation to run family therapy for children and young people and why:

A large, empty rectangular box with a purple border, intended for the respondent to write their answer to Question 42.



Question 43. Is there anything else you want to tell us about services for children and young people after a suicide? Tell us here: