

# Children's Diabetes Service



# School Log Book



# Insulin pump



## Personal contact details

Name of child		
Name and address of school setting		
Name(s) of school staff recording blood glucose and administering insulin		
Name of parent/carer		
Telephone:	Home	
	Mobile	
	Work	
Alternative contact		
Telephone:	Home	
	Mobile	
	Work	
Diabetes Specialist Nurse		Telephone
Diabetes Specialist Dietitian		Telephone

**This school log book is to be used during school hours and parent/carers are required to 'total' carbohydrate in preparation for the school staff.**

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature



Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature



Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature



Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	

**Break – Total Carbohydrate**

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	

**Lunch – Total Carbohydrate**

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

.....

.....

Parent/carer  Signature

Date .....

### Break

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

### Lunch

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature

Date .....

**Break**

Food listed	Carbohydrate (grams)
1.	
2.	
<b>Break – Total Carbohydrate</b>	

Blood glucose pre break  mmols/l at  time

Insulin dose administered via pump for break  units

Given by  Signature at  time

**Lunch**

Food listed	Carbohydrate (grams)
1.	
2.	
3.	
4.	
5.	
<b>Lunch – Total Carbohydrate</b>	

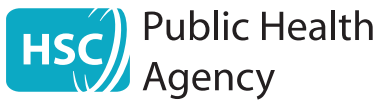
Blood glucose pre-lunch  mmols/l at  time

Insulin dose administered via pump for lunch  units

Given by  Signature at  time

Comments:

Parent/carer  Signature



**Public Health Agency**  
12-22 Linenhall Street, Belfast BT2 8BS.  
Tel: 0300 555 0114 (local rate).  
[www.publichealth.hscni.net](http://www.publichealth.hscni.net)

Find us on:

