Health and Social Wellbeing Improvement



In recognition that mental ill health is one of the greatest challenges facing both society and services, the Department of Health published the **Mental Health Strategy**, 2021-2031, in June 2021.

The Strategy sets out 35 actions under three overarching themes:

Theme 1 - promoting mental wellbeing, resilience and good mental health across society;

Theme 2 – providing the right support at the right time; and

Theme 3 – new ways of working.

Details

Format

38 pages, Word document

Target group

Government departments, arms length bodies, HSCTs, voluntary and community sectors, local government

Downloads

Attachment

Size

MB

Tags

- mental health
- mental and emotional health and wellbeing
- suicide prevention
- drugs and alcohol
- Physical activity

<u>Print</u>