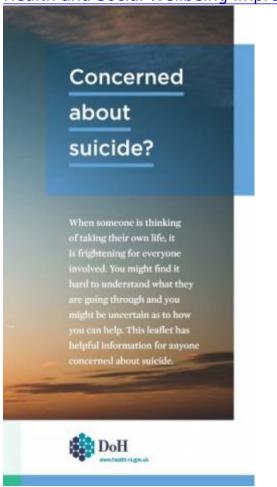
#### Monday, 20 February 2023

Health and Social Wellbeing Improvement



This leaflet contains information on what you can say and do to help someone who may be thinking of suicide.

It highlights the warning signs, explains the feelings a suicidal person can have and provides a step-by-step guide to having a conversation and helping someone you're worried about.

It also lists a number of support services for people having suicidal thoughts.

### **Details**

Format 1/3 A4, 10 pages Target group General public

# **Downloads**

#### Attachment

Size

Concerned about suicide 01.23 739.92 KB

## **Tags**

- <u>suicide</u>
- concerned
- <u>suicidal</u>
- thoughts
- support
- <u>depression</u>

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