

Thursday, 01 March 2012

[Health and Social Wellbeing Improvement](#)

The form is titled 'Asthma self-management action plan (for ages 14+)*'. It features the HSC Health and Social Care Board and HSC Public Health Agency logos. Below the title, there are fields for 'Name:' and 'Date:'. A section labeled 'Issued by:' contains a table with three columns: 'Contacts', 'Name', and 'Telephone'. The table lists six contact points: GP practice, Community respiratory team, Pharmacy, Out-of-hours service, and Hospital respiratory team. Each row has empty cells for the name and telephone number. A small '1' is visible at the bottom of the form.

Contacts	Name	Telephone
GP practice		
Community respiratory team		
Pharmacy		
Out-of-hours service		
Hospital respiratory team		

This self-management action plan allows each patient to record and manage the symptoms of asthma.

Details

Format

A5 double-sided

Target group

People with asthma aged 14+

Downloads

Attachment	Size
asthma.pdf	275.25 KB

Tags

- [chronic illness](#)
- [self management](#)

[Print](#)